



CAMP NICOL 2012

Mountain Adventure

Camper's Guide

WELCOME TO CAMP JACK NICOL!

You will find all the information you need for your camping adventure in this guide.

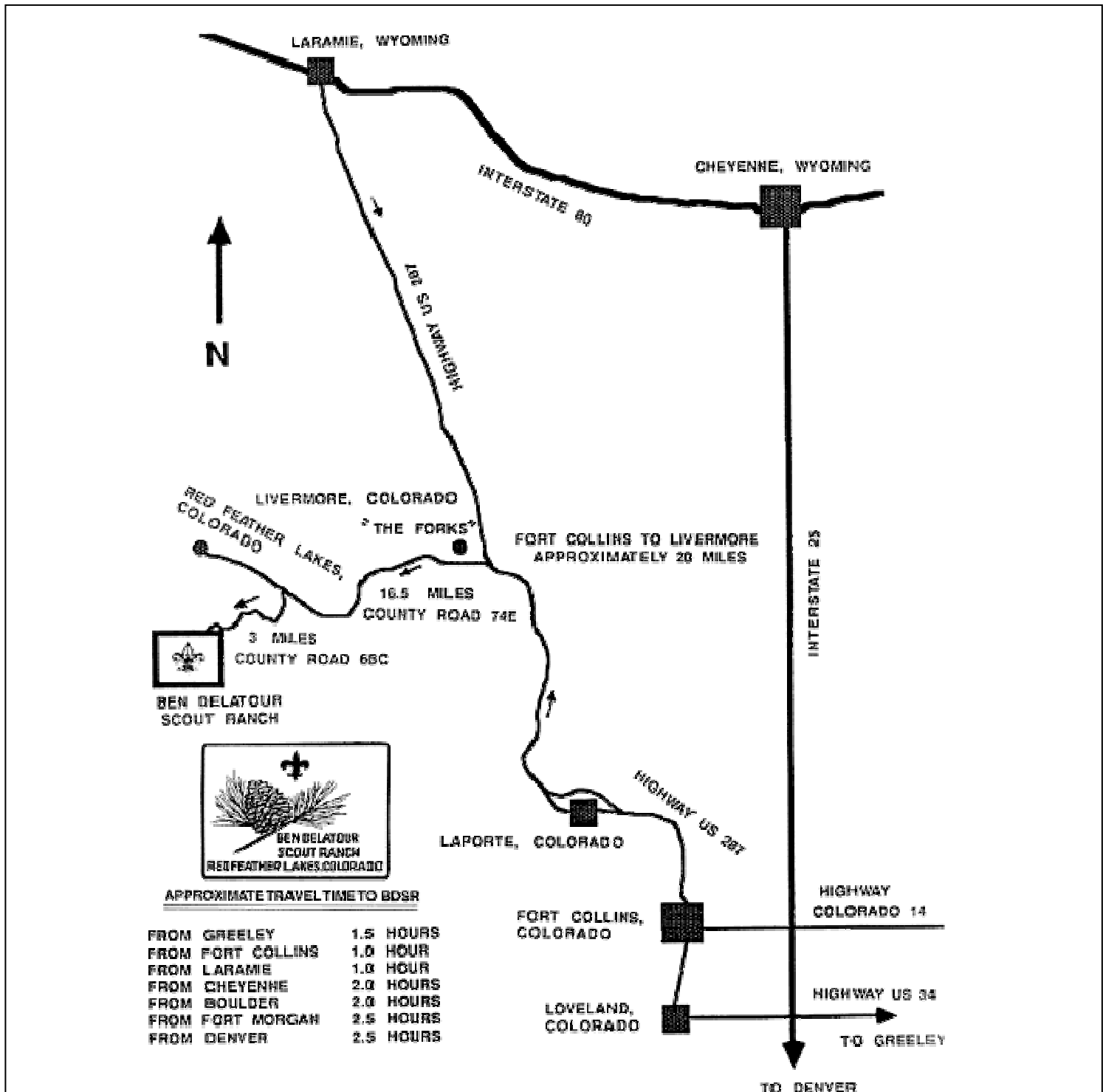
Please read it carefully.

If you have questions regarding any of this information please contact one of the following:

Terry Martin - Program - 970.584.2251 or
CampPrograms@longspeakbsa.org

Cindy Batt - Registration - 970.584.2202 or
CampRegistraton@longspeakbsa.org

Directions to Jack Nicol Cub Scout Family Camp Ben Delatour Scout Ranch



From US Highway 287

Follow the highway until you reach "The Forks" restaurant and town of Livermore.

Turn on to County Road 74E and head west for 16.5 miles.

Turn left onto County Road 68C at the Longs Peak Council, Ben Delatour Scout Ranch sign.

Follow the gravel road for 2 miles until you see the sign for Jack Nicol Cub Scout Camp on the left. If you reach the main gates at the Boy Scout Camp, you have gone too far!

If you use a GPS or "Map Quest" you might be sent up Highway 14 (the Poudre Canyon). This adds about 45 minutes to your trip.

201G Camp Jack Nicol Program

CAMP THEME

Mountain Adventures

Head to the base of Spyglass Hill at Camp Jack Nicol and start your Mountain Adventure of Cub Scout camping in the Colorado Mountains.

During your stay at Camp Nicol you will visit the three theme areas participating in games, handicrafts, and contests of skill and daring, all designed to challenge your Scouts.

Scouts and Adults will also attend activities in the Nature Center, visit the Handicraft Area, meet the staff at an opening campfire, have a chance to show off their own acting skills at the closing campfire, and design and build a float for the world famous "Light Parade".

Depending on the age and rank of the Scout there are many other activities scheduled during your visit.



Mountain Adventure

2012 Jack Nicol Cub Scout Camp Sessions

SESSION #	DATE	YTH	ADLT	<AGE 4
Webelos Session #1	June 14-17	\$135	\$65	N/A
Wolf/Bear Session #2	June 17-19	\$95	\$50	N/A
Webelos Session #3	June 21-24	\$135	\$65	N/A
Pack Session #4	June 24-26	\$95	\$50	\$25
Webelos Session #5	June 28-July 1	\$135	\$65	N/A
Pack Session #6	July 1-3	\$95	\$50	\$25
Wolf/Bear Session #7	July 8-10	\$95	\$50	N/A
Webelos Session #8	July 12-15	\$135	\$65	N/A
Wolf/Bear Session #9	July 15-17	\$95	\$50	N/A
Webelos Session #10	July 19-22	\$135	\$65	N/A

Camp Jack Nicol is a Cub Scout Resident Camp operated by the Longs Peak Council / BSA.

The Camp Nicol Program is designed to be age appropriate for the Scouts that are attending that Camp Session. Who can attend each "Session"?

- **Webelos Session:** Webelos and adults
- **Wolf / Bear Session:** Wolves, Bears, Webelos and adults
- **Pack Session:** Tigers, Wolves, Bears, Webelos and adults

THINGS YOU NEED TO KNOW

ADULT LEADERSHIP REQUIREMENTS

All Wolf, Bear and Webelos Dens must be accompanied by at least two adults at all times. One of these adults should be a registered leader with the Boy Scouts of America. All adults should have completed Youth Protection Training. One adult must be at least age 21 (this may be a parent) and the second must be at least age 18 plus.

SCOUT UNIFORM

The Cub Scout, Webelos Scout, and adult leader uniforms are appropriate wear at any time in camp. Uniforms should be worn properly and completely. The general uniform practice at Camp Nicol will be to wear a Scout T-shirt or polo shirt or theme area costume during the day; and to wear the “official” Scout uniform for dinner, evening flag ceremony, and evening campfire.

TOUR PLAN REQUIREMENTS

Wolf, Bear and Webelos Dens are required to obtain a BSA Local Tour Plan prior to attending camp. Tour Plans are available from any council service center. Dens will be asked to present their approved Local Tour Plan upon arrival. Participants in Family Camps are not required to obtain a tour plan as they attend and travel as a family. Simply put, if there are members of more than 1 family in a car, a BSA Local Tour Plan is required.

NO TRACE CAMPING ETHIC

As a new camp, Camp Nicol has the opportunity to implement from the beginning the outdoor camping ethic known as No Trace Camping. Following the No Trace Principle, we ourselves leave as little evidence of our presence as possible, and teach others by example to do the same. We learn that a campfire is a “program” and not hot flames. We learn not to take home items found on the forest floor, or to bother/disturb the critters that live there. We learn to be quiet in the outdoor environment, and to respect the presence of others. Most of all, we learn that by “taking only pictures and leaving only footprints” that our great outdoors will be here for us in the future. Cub Scouts and their Adult Leaders can earn the Leave No Trace Award for practicing these No Trace Ethics. Make sure you ask about this award when you attend camp.

A SPECIAL NOTE ABOUT PETS

The Scout Ranch is an area programmed for Cub Scouts and Webelos Scouts, and NOT pets. Please leave your dogs, cats, hamsters, gerbils, birds, snakes, lions, turkeys, etc. at home.

EQUIPMENT LIST

We have included a complete equipment check list in the forms section

WEBELOS SESSIONS ONLY / SWIM CHECK

Please make sure to bring your swim trunks and towel for your aquatics activities. Please bring a backpack for the day hike to Boy Scout Camp. All Scouts and adults who are going to participate in the canoeing event at the Boy Scout Camp must complete a swim check. This can be done at your home pool using the "Swimmers Test Completion Report" found in the forms section of this guide. If this is not completed before coming to camp a swim check will be performed at the lake before entering a canoe. Water temperature at camp is between 45 and 50 degrees.

PLEASE DO NOT BRING

Bicycles, Radios, Boom Boxes, Skateboards, Fireworks, Guns or Archery Items, ATVs or ORVs, Sheath Knives, Candles, Expensive Cameras, Valuable Items of any kind, Pets, Personal Food Items which you plan to keep in your tent, jackets or t-shirts or hats or any other clothing with alcohol or tobacco ads or with drug or sexual connotations printed or written on them

WEATHER

When packing, remember that camp is located at 7200 feet; evenings and some days can be cold, and there are often afternoon thundershowers. The program will go on! Send warm layers (coat, stocking cap, etc.) and good raingear. At least one person in your group must take the on-line Severe Weather Training. Be Prepared!

LOST AND FOUND

If your child loses something while he is at camp this summer, you should call the Camp Nicol Office at 970-881-2956 to see if it has been turned in. All lost and found not claimed by the end of the summer will be donated to a local charity. After August 1st please contact the Greeley office at (970) 330-6305.

TRADING POST

There is a trading post located at Camp Nicol. Items found in the Camp Nicol Trading Post are:

Souvenirs – postcards (\$.25 - \$2.00), mugs (\$5.00), patches (\$.25 - \$5.00), and theme-related items (\$1.00-\$20.00)

Clothing – caps (\$7.00 - \$12.00), shirts (\$5.00-\$12.00), camp belts (\$7.00-\$20.00), ponchos (\$2.00)

Food and Snacks – soft drinks (\$1.25), sports drinks (\$1.50), candy bars (\$.50), bottled water (\$1.00)

Camping Items – Water bottles (\$5.00-\$11.00), flashlights (\$3.00-\$15.00)

Handicrafts – Lace, beads, tie slides (\$1.50-\$5.00), misc. kits

Printed Items – Nature books, camp maps, some Scout books

Miscellaneous – batteries, film, toothpaste, pens, and more

CHECK-IN

Webelos – 2:00-4:00 pm on the start day of your session.

Wolf/Bear – 2:00-4:00 pm on the start day of your session.

Pack Session - 2:00-4:00 pm on the start day of your session.

Upon arrival at camp, your group will check-in at the Camp Nicol Office. At check-in you will be assigned to a group and campsite. Camp staff will lead you into camp. There are no vehicles allowed in camp so be prepared to pack your gear into your campsite. A limited number of wagons are available in which to haul your gear.

At check-in you must have the following ready:

- #1 – Two copies of your roster listing Scouts and Adult Leaders. We must keep one copy on file at camp and one copy must go to the main office. This must include full name, address, home telephone number and birth date. Copies of this roster are included at the end of this booklet. **This roster must be provided even if you are coming just as a parent and child. Everyone coming to camp must turn in a Roster.**
- #2 – The den's Local Tour Plan with approval from a Council Service Center. This Plan is not necessary for Partner and Pal teams, as they are family groups. Any den traveling without a tour Plan will not be allowed to check into camp. A copy of the tour Plan can be obtained at your local service center or downloaded at www.longpeakbsa.org/forms.
- #3 – All Scouts and adults MUST USE the “**Annual BSA Health and Medical Record, Part A and B**” form. This form can be downloaded at www.longpeakbsa.org/forms or www.longpeakbsa.org/camps/cubcamp/ and is also included at the end of this guide. **You will not receive your Health Form back at the end of your stay, we are required to keep it on file for 5 years so be sure to make a copy!**

Under Colorado State Law, Larimer County Regulations and National Boy Scouts of America Policy, Scouts and Adults bringing any medication to camp must adhere to the following procedures: All medications must be turned in to the Ranch medical staff (with a few exceptions: inhalers, bee sting kits, etc.), who will then dispense them to campers. Medications will be distributed at mealtime; more detail about times will be given upon arrival at camp.

We are sorry that we have to collect all medications from Adults, but it must happen. Adults that do not turn in their medications to the staff at Check-In will be asked to leave camp.

All medications, “prescription” and “over-the-counter” must be in the original containers, marked with the Scout’s or Adult’s name and pack number and original medication information.

LATE CHECK-IN

Please let us know ahead of time in the case that you will be checking in late for your session. This is not a problem, but we will still need to process you into camp upon your arrival.

CHECK-OUT

All groups must check out at the Camp Nicol office. Camp patches will only be issued when camper “officially” check out of camp. Please plan to turn in your Camper Evaluation Form at this time. Remember, you will not have your Health and Medical Record Form returned as Colorado State Law requires the Council to keep it. Make sure you make copies before attending camp.

Webelos – 11:00 AM on the final day of your session.

Wolf/Bear – 11:00 AM on the final day of your session.

Pack Session - 11:00 AM on the final day of your session.

PROGRAMS AND ACTIVITIES

All participants at Camp Nicol will enjoy program and activities from all 3 theme areas; the Castle, Seaport and Fort.

Activities may include: Nature/Science, BB gun shooting, Archery, Wrist Rockets, Arts and Crafts, Rank Advancement and Skills, Games and Sports. Evening activities include a campfire program, free time and cracker barrel, and the world famous Camp Nicol Light Parade!

There are many optional program activities available to you and your Scouts during your stay. There are opportunities for various sports and games which may include: volleyball, kickball, horseshoes, croquet, and many more! Conservation is always much needed at Camp Nicol. Speak with one of our staff members about how your den can earn the SOAR award, or start working towards the World Conservation Award. There are plenty of projects available.

ADVANCEMENT

All Scouts have the opportunity to work on various advancements throughout their stay. It is up to the leadership with your den to track the achievements earned. **It is difficult to provide a tracking sheet for advancement, as all groups do different activities. Please plan to track your den's progress during its stay at camp.** *It is helpful to bring a Scout Book with during your stay.*

CAMP NICOL LIGHT PARADE

On the final night of each session we will have a light parade for all Scouts to participate in. Please bring anything you would like to decorate your groups float. You will be able to use the wagons at camp and we will provide assorted glow sticks for each Scout. Feel free to bring additional. We will also sell glow sticks in the trading post.

CUBMASTER COFFEE

After breakfast on your last morning in camp, the Camp Nicol Director invites all adults to the Coffee Corral to meet with The Ranch Director and Food Service Manager to address concerns and take comments both good and bad. Your feedback is taken seriously and the suggestions are acted on promptly. Many of the improvements at Camp Nicol have come from these meetings. Please plan on attending!

CAMP NICOL MARKSMAN AND ARCHER AND THE NEW WRIST ROCKET RANGER AWARDS

Cubs and Webelos can now qualify for the New Camp Nicol Marksman and Archer Awards. The patches for these 3 awards are available in the Nicol Trading Post after completing the requirements on the ranges (\$2.50).



Because of the overwhelming response to this program, we are adding new Patch Rockers to recognize the shooting sports achievement of the different Cub Scout Ranks. They will be available in the Trading Post (\$1.00)

WEBELOS HIKE TO BOY SCOUT CAMP (Webelos Sessions Only)

During your stay at a Webelos Session you will spend your day Saturday on an exciting hike to the Boy Scout Camp. While at the Boy Scout Camp you will have the opportunity to participate in a number of different programs. They include canoeing, bouldering, and tomahawk throwing and a new shooting program. There are also a limited number of half hour horse rides, for a small fee (\$10.00). Campers participating in the horse rides need to complete the special release form in the back of this guide prior to coming to camp. Everyone, Scouts and adults, wishing to participate in the canoeing program must complete a "Swim Check", this may be done before coming to camp using the "Swim Check Form" in the back of this guide. Anyone who does not complete their swim check before coming to camp must complete a swim check at camp before participating in the canoeing program! Water temperature at Weaver Lake during the camping season is between 45 and 50 degrees! Remember to bring your towel and flip-flops to the lake, and a day pack to carry your gear.

SAMPLE CAMP SCHEDULE

7:30am	Rise and Shine
8:00am	Flag Raising Ceremony / Breakfast
9:00am - 11:30am	Organized Program Time
11:30am – 12:45am	Lunch and Free Time
1:00pm – 4:30pm	Organized Program Time
5:30pm	Flags / Dinner
6:45pm – 8:00pm	Organized Program Time
8:15pm – 9:00pm	Campfire Program
9:00pm – 9:30pm	Cracker Barrel
10:00pm	Lights Out!

When you arrive at Camp Nicol and check in at the Camp Office you will be placed in a group and will receive a detailed schedule for your stay.

FLAG ETIQUETTE

Remember that one of the aims of scouting is to promote good citizenship in the community, country, and world. For this reason, flag ceremonies are a vital part of any scout camp program. Please be on time to all flag ceremonies. If you are running late, remember that when attention is called, you should stop where you are, and stand at attention. When standing at attention, remember that your feet should be together, hands at your side, and back straight, facing the flag. If you are not wearing a BSA hat, please remove it. If you are in BSA uniform, you may salute the flag. If you are not in BSA uniform, please place your hand over your heart. Of course, veterans of any of the armed services may salute the flag, no matter what they are wearing. Please remain silent for the duration of the ceremony, until "At Ease" is called.

CAMPSITE FACILITIES

CAMPSITE INFORMATION

Tent campsites are located at the Castle and Fort areas, and are divided into “den sites”. Each den site is equipped with five tents (10 beds). Each tent is set on a wooden platform and houses two cots. Picnic tables are located in each den site.

Each den is assigned a den site or multiple den sites based on the number of Adults and Scouts. The Adults with that den are responsible for assigning each Scout to a tent. Please review Youth Protection Guidelines when assigning sleeping quarters

Campfires and Cooking are not permitted in the Den Campsites!

NO OPEN FLAMES ARE ALLOWED IN TENTS, THIS INCLUDES GAS OR PROPANE LANTERNS AND HEATERS!

CUBMASTER COFFEE CORRAL

Located in the south-east corner of the Tointon Dining Hall is the Cubmaster Coffee Corral. This area is fenced off and is for adults only. It is a place to relax, have a cup of coffee or tea and possibly a cookie. The Corral is available all day, feel free to come on in and put your feet up for a few minutes!

LATRINES

Each campsite has a latrine with two separate stalls with locking doors. Sorry, no flush toilets. Each latrine is equipped with a sink with hand washing station and drinking water.

SHOWERS

There are two shower facilities at Camp Nicol. Each facility has 8 individual shower stalls and a washroom. All stalls are individual and have locks on the doors. Showers will be open for youth to use between the hours of 6:00 am and 9:00 pm. Please accompany your youth to the showers. Adults may shower at any time.

SPECIAL SERVICES AND FACILITIES

MAIL AT CAMP

Everyone likes to get mail at camp! Please advise parents that all mail must be addressed properly. Remember that with the Boy Scout Camp, High Adventure Base and Camp Nicol we will have over 800 campers at the Scout Ranch on any given day! Since Camp Nicol sessions are short, mail should be sent at least three days before a camper is scheduled to arrive at camp. Mailing packages is slow, and mailing them "priority" or "overnight" is one day slower since we only receive notice of the package, and then we have to drive to the Post Office at Red Feather Lakes to pick it up. Mail is to be addressed as follows:

Cub Scout's Name, Pack #
Camp Nicol – BDSR
2331 County Road 68 C
Red Feather Lakes, CO 80545

TELEPHONE SERVICE

Cellular phones do not work in Camp Nicol or on most parts of the Ranch that are easily accessible. Please do not plan to be in touch with Scouts or adults by cell phone. Emergency calls will be taken at 970-881-2956. Remember that Camp Nicol is fairly spread out; you will have to leave a message, which will be delivered as soon as possible. Office hours at Camp Nicol are 8:30 am to 9:00 pm. If there is no answer, please leave a message. Calls after 10:00 pm will generally awaken someone. The phone in the camp office is for emergency use only. Local calls (Fort Collins) can be made at no charge, for all other calls you must use a calling card.

FAMILY CAMPGROUND

The family campground is located about one mile from Camp Nicol. It consists of 12 campsites with a picnic table and fire ring, latrines, and water station. The campground sites are suitable for smaller recreational vehicles and personal tents. Firewood is not always available. Reservations are not accepted for the Family Campground; use is on a first come, first served, basis. A fee of \$6.00 per site, per night is charged for use, and this may be paid at either the Scout Ranch Office or the Camp Nicol Office.

VISITORS AND SPECIAL GUESTS

Visitors to Scouts in camp MUST check-in at the Camp Office upon arrival. Accommodations are not available in campsites for visitors. Children of adult visitors that are not registered in Cub Scouts may not participate in camp programs and activities. Based on food availability, visitors are welcome to eat in the Dining Hall, but meal tickets must first be purchased from the Camp Office. Visitors are welcome to visit the camp Trading Post. All visitor vehicles must be parked in the parking lot. Personal vehicles are not allowed past the Camp Office. Alternative forms of transportation are not available.

FOOD SERVICE

Campers will be fed in the Robert Tinton Dining Hall and are served “cafeteria style”. Food choices will vary by meal and day. Please go through the cafeteria line only once, take only what you will eat and eat all you take. If seconds are available they will be announced.

All eating utensils, plates, cups, etc. in Camp Nicol will be of the disposable variety. The main factor in this decision is the limited availability and dependability of water at the Scout Ranch. Where and when feasible, recyclables will be used.

SPECIAL DIETS

We are willing to help accommodate special diets for campers, whether religious, medical or philosophical. Please complete the Special Dietary Request Form and fax it to the Scout Camp at 970 881-2145. Contact the camp (970-881-2144) at least one week before arriving at camp to confirm your request. If a camper has a food allergy make sure it is indicated on his or her medical form. Picky eaters do not constitute a dietary restriction.

Upon arrival at camp, campers with special dietary requirements should see the Dining Hall Manager to arrange alternatives. There are times, however, when alternatives are not possible.

THE KEYS TO HEALTH AND SAFETY

MEDICAL INFORMATION

Each camper at Camp Nicol, whether Cub Scout, Webelos Scout, adult leader, or parent, is required by Colorado Department of Human Services and National Boy Scouts of America regulations to submit the “**Annual BSA Health and Medical Record, Part A and B**” Form. A medical examination by a physician is not required for Camp Nicol Campers!

All medical services provided by the Scout Ranch by a camp Health Officer are at no cost. All illness and injuries requiring care beyond the capability of Scout Ranch personnel will be transported to Poudre Valley Hospital in Fort Collins. In the event of a very serious injury or illness requiring immediate specialized medical attention, ground or air ambulance will be utilized. Please refer to the Insurance Section for information about coverage of expenses for off-Scout Ranch treatment and transportation.

FIRST AID

All medical emergencies need to be treated by the Camp Health Officer. The First Aid Station is located at the Camp Office. If an emergency occurs during the night, the Camp Staff Member should be contacted.

INSURANCE

All campers registered with the Boy Scouts of America, are covered by a limited health and accident insurance policy that is secondary to any personal or family health or accident insurance policy. Any parents attending Camp Nicol that are not registered adult leaders with the BSA will not be covered under this insurance plan. The easiest way to solve this problem is to register the parents that will be attending Camp Nicol as leaders within your Pack. Injuries, medical transportation, or any off-Scout Ranch medical services are to be covered by the camper's personal or family accident/health insurance first. For those without personal or family accident/health insurance, the limited camp policy is primary.

CAMPER SAFETY

The safety of all Scouts and adult leaders is a serious concern for all staff at camp. **DO NOT** bring the following: firearms, archery equipment, fireworks, non-folding or sheath knives, alcohol, drugs, or any kind of item that might be considered dangerous. Also, no Scout or Adult may be transported in an open truck bed or any kind of trailer. Although propane lanterns are allowed in campsites, no flame lanterns of any kind are allowed inside tents at any time. Smoking by adults is limited to an area north of the parking lot. Smoking is never permitted in front of Scouts or inside camp buildings.

The dry, hot weather and altitude can do interesting things to the health of both Scouts and adult leaders. Be prepared for hot days, and very cold nights. Bring sunscreen and hats. Drink plenty of water – not pop – every day!

Scouts are not allowed to be near the edge of Shotgun Lake or Poppun Bog without overseeing adult leadership. No visitors are allowed to either site after dark!

ADULT SMOKING, ALCOHOL AND DRUGS

State of Colorado youth camp rules about smoking, as established by the Colorado Department of Human Services, disallow smoking by adults in front of any child in a camp setting. Smoking will be restricted to the north side of the parking lot area beyond parked cars. Smokers need to dispose of cigarette butts carefully in the appropriate containers.

All and any kind of alcohol is not allowed at camp. This includes, but is not limited to: beer, wine, whiskey, and liquor. All and any kind of illegal drugs are not allowed at camp. If illegal drugs are discovered, law enforcement officials will be notified.

VEHICLE POLICY

The Camp Nicol vehicle policy is that all vehicles – except for camp service vehicles – remain in the parking lot. Campers will be provided with wagons to haul their gear to campsites. Limited alternative transportation options will be available for those that require it.

CRITTER WATCH WHILE AT BDSR

For a period longer than one could accurately say, the mountains known today as the Colorado Rockies have been inhabited by creatures of God's making. From the smallest shrew to the golden eagle; mammals, reptiles, birds, and fish have lived their part on the lands, in the waters, and in the air. However, it has only been in recent history – so to speak – that the creatures known as Homo sapiens have become a part of these mountains. Their – or our – arrival has sparked continued controversy with the other creatures already present.

Most of the animals encountered are a joy to view, that is, if we are lucky enough to catch a glimpse. The howling coyote at night rings true to our thoughts of the Wild West. The bright brook trout brings excitement as it leaps in a beaver pond. The sight of a herd of elk – or wapiti – in the winter snow reminds us of the harshness of the mountain environment. The soaring hawk illustrates how boundless the environment really is.

There are, however, some creatures we share these mountains with who we must be cautious of during our visit.

Western Rattlesnake

The western rattlesnake is uncommon on the Scout Ranch, but it has been increasing in recent years. Although snakes can be very dangerous with their poisonous bite, they serve a very useful purpose in controlling rodent populations. Scouts and adult leaders alike must always be aware of their surroundings, watch where they step, and never place hands or feet on rocks or rock ledges without looking first. When this snake is encountered, move away as quickly as possible, and simply make a wide path around it to continue your travel. Snakes discovered in the main camp areas should be reported to a staff member.

Black Bear

Black bears have been in camp in recent years, and they have been in campsites. Bears are usually looking for a free meal, and are encountered by most people at garbage cans or food storage areas. Keeping a clean camp, picking up garbage, not spilling food, cooking at least 20 yards from your sleeping tent, and not keeping food or other delicious smelling items such as toothpaste in your tent, will help to keep bears away. When on the trail, food should be stored 10 to 15 feet above ground between two trees. Since Scouts always travel in groups of at least four, this should be enough to scare off any bear. Bear sightings should be reported to a staff member. If a bear is sighted on the trail or in a camp area, keep away! Do not approach to take photographs! Bears can smell food and other items in vehicles, and will break-out a vehicle window to get them!

Mountain Lions

In recent years mountain lions seem to have been expanding their range. They have been spotted on several occasions at the Scout Ranch, and in some cases in the vicinity of campsites. Traveling in groups of four on trails is always a rule, and in camp everyone must always use the buddy plan. While hiking always carry a big hiking stick, and make noise to let the animals know you are approaching. If a lion is encountered, the individual should stand his ground – never run – and make yourself appear as big as possible. This can be done by holding your coat or pack above your head. If a lion were to attack do not play dead, but fight back and yell. Lion sightings should be reported to a staff member.

Ticks

Ticks can be potentially dangerous critters in that they can carry such diseases as Rocky Mountain Spotted Fever, Lyme Disease, and Tick Fever. Tick fever is the only common disease found in Colorado. Ticks are very common at the Scout Ranch, especially in the early spring beginning in March. Scouts and adult leaders alike should check their bodies several times a day for ticks that have attached themselves. Ticks seem to have a special knack for climbing up pant legs, and also in dropping onto heads and down necks. When ticks are removed, the bite areas should be cleaned properly to avoid infection.

Small Animals

The Scout Ranch is full of small animals such as chipmunks, rabbits, gophers, and mice. Scouts should not handle or tease any wild critter as they can carry diseases spread by fleas, such as plague; or other diseases, such as rabies, that can be contracted by a bite. Keeping a clean camp and not feeding these animals are the best ways to avoid them. If a small animal, that seems not to be acting properly or who is too friendly is observed, a staff member should be contacted immediately.

West Nile Virus

West Nile virus is a disease that can be transmitted to humans by mosquitoes. It has been common in Africa, west Asia and the Middle East for decades. It first appeared in the U.S. in 1999 in New York. It has since traveled westward across the U.S. and now is in Colorado.

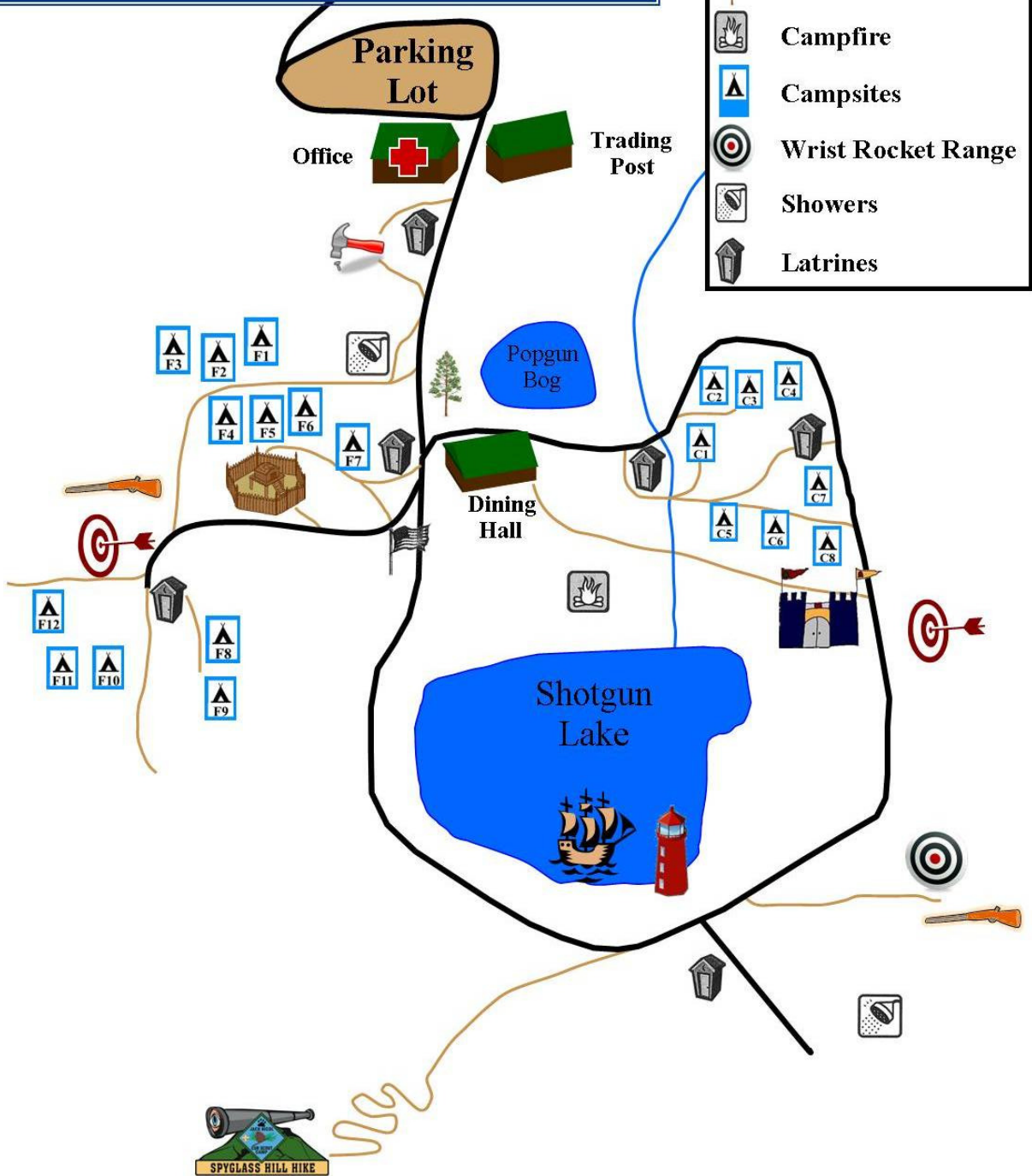
It is very rare to catch this illness, and most infected people will not get sick or will have only mild symptoms. However, West Nile virus can be fatal. We want you to have the facts, in order to ease your fears, and so that you can take appropriate prevention measures. If you have symptoms including high fever, severe headache and stiff neck, contact your health care provider immediately. Mosquito season in Colorado starts in the spring and ends in mid-September.

DEET is an effective ingredient to look for in insect repellents. Always follow label instructions carefully

For more information on West Nile Virus and how to protect yourself go to www.fightthebitecolorado.com.

Jack Nicol Cub Scout Camp

-  Archery Range
-  BB Gun Range
-  Handicraft
-  Nature
-  Campfire
-  Campsites
-  Wrist Rocket Range
-  Showers
-  Latrines



Pack #: _____

CUB SCOUT/WEBELOS SCOUT ROSTER

JACK NICOL CUB SCOUT FAMILY CAMP – PLEASE FILL OUT COMPLETELY AND
BRING 2 COPIES TO TURN IN AT REGISTRATION - ALL PARTICIPANTS MUST
FILL OUT THIS ROSTER!

	NAME	ADDRESS	PHONE NUMBER	BIRTHDATE
1.				
2.				
3.				
4.				
5.				
6.				
7.				
8.				
9.				
10.				

Pack #: _____

ADULT LEADER ROSTER

JACK NICOL CUB SCOUT FAMILY CAMP – PLEASE FILL OUT COMPLETELY AND
BRING 2 COPIES TO TURN IN AT REGISTRATION. ALL PARTICIPANTS MUST
FILL OUT THIS FORM!

	NAME	ADDRESS	PHONE NUMBER	BIRTHDATE
1.				
2.				
3.				
4.				
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9.				
10.				

Camper Check-off List

Forms Needed at Check-in

- Medical Forms (Everyone)
- Medications (In original pharmacy container with label)
- Scout Roster (2 copies)
- Adult Roster (2 copies)
- Horse Waiver (Webelos Only)
- Swim Check (Webelos Only)
- Tour Plan

Camping Gear

- | | |
|--|---------------------------------------|
| <input type="checkbox"/> WARM Sleeping Bag | <input type="checkbox"/> Flashlight |
| <input type="checkbox"/> Pillow | <input type="checkbox"/> Day Pack |
| <input type="checkbox"/> Mattress Pad | <input type="checkbox"/> Water Bottle |
| <input type="checkbox"/> Blanket | <input type="checkbox"/> |

Clothing

- | | |
|---|--------------------------------------|
| <input type="checkbox"/> Scout Uniform | <input type="checkbox"/> Sweatshirt |
| <input type="checkbox"/> Pants / Shorts | <input type="checkbox"/> Coat |
| <input type="checkbox"/> Shirts | <input type="checkbox"/> Hat |
| <input type="checkbox"/> Socks | <input type="checkbox"/> Rain Gear |
| <input type="checkbox"/> Underwear | <input type="checkbox"/> Extra Shoes |
| <input type="checkbox"/> Gloves | <input type="checkbox"/> Pajamas |

Personal Items

- | | |
|--|---|
| <input type="checkbox"/> Toothbrush / Paste | <input type="checkbox"/> Chapstick |
| <input type="checkbox"/> Soap / Shampoo / Comb | <input type="checkbox"/> Camera |
| <input type="checkbox"/> Towel | <input type="checkbox"/> Scout Book |
| <input type="checkbox"/> Sunscreen | <input type="checkbox"/> Insect Repellent |
| <input type="checkbox"/> Shower Shoes | <input type="checkbox"/> Sunglasses |

Please make sure that all your clothing items are “Scout Appropriate”! Offensive clothing or clothing advertising or related to alcohol, tobacco, drugs or of a sexual nature will not be tolerated. You will be asked to remove it from camp.

Annual BSA Health and Medical Record

Part A

GENERAL INFORMATION

High-adventure base participants:

Expedition/crew No.: _____
 or staff position: _____

Name _____ Date of birth _____ Age _____ Male Female
 Address _____ Grade completed (youth only) _____
 City _____ State _____ Zip _____ Phone No. _____
 Unit leader _____ Council name/No. _____ Unit No. _____
 Social Security No. (optional; may be required by medical facilities for treatment) _____ Religious preference _____
 Health/accident insurance company _____ Policy No. _____

ATTACH A PHOTOCOPY OF BOTH SIDES OF INSURANCE CARD. IF FAMILY HAS NO MEDICAL INSURANCE, STATE "NONE."

In case of emergency, notify:

Name _____ Relationship _____
 Address _____
 Home phone _____ Business phone _____ Cell phone _____
 Alternate contact _____ Alternate's phone _____

HEALTH HISTORY

Are you now, or have you ever been treated for any of the following:

Yes	No	Condition	Explain
		Asthma Last attack: _____	
		Diabetes Last HbA1c: _____	
		Hypertension (high blood pressure)	
		Heart disease (e.g., CHF, CAD, MI)	
		Stroke/TIA	
		Lung/respiratory disease	
		Ear/sinus problems	
		Muscular/skeletal condition	
		Menstrual problems (women only)	
		Psychiatric/psychological and emotional difficulties	
		Behavioral disorders (e.g., ADD, ADHD, Asperger syndrome, autism)	
		Bleeding disorders	
		Fainting spells	
		Thyroid disease	
		Kidney disease	
		Sickle cell disease	
		Seizures Last seizure: _____	
		Sleep disorders (e.g., sleep apnea) Use CPAP: Yes <input type="checkbox"/> No <input type="checkbox"/>	
		Abdominal/digestive problems	
		Surgery	
		Serious injury	
		Other	

Allergies or Reaction to:

Medication _____
 Food, Plants, or Insect Bites _____

Immunizations:

The following are recommended by the BSA. **Tetanus immunization is required and must have been received within the last 10 years.** If had disease, put "D" and the year. If immunized, check the box and the year received.

Yes	No	Date
<input type="checkbox"/>	<input type="checkbox"/>	Tetanus _____
<input type="checkbox"/>	<input type="checkbox"/>	Pertussis _____
<input type="checkbox"/>	<input type="checkbox"/>	Diphtheria _____
<input type="checkbox"/>	<input type="checkbox"/>	Measles _____
<input type="checkbox"/>	<input type="checkbox"/>	Mumps _____
<input type="checkbox"/>	<input type="checkbox"/>	Rubella _____
<input type="checkbox"/>	<input type="checkbox"/>	Polio _____
<input type="checkbox"/>	<input type="checkbox"/>	Chicken pox _____
<input type="checkbox"/>	<input type="checkbox"/>	Hepatitis A _____
<input type="checkbox"/>	<input type="checkbox"/>	Hepatitis B _____
<input type="checkbox"/>	<input type="checkbox"/>	Influenza _____
<input type="checkbox"/>	<input type="checkbox"/>	Other (i.e., HIB) _____

Exemption to immunizations claimed (form required).

(For more information about immunizations, as well as the immunization exemption form, see Scouting Safely on Scouting.org.)

MEDICATIONS

List all medications currently used. (If additional space is needed, please photocopy this part of the health form.) Inhalers and EpiPen information must be included, even if they are for occasional or emergency use only.

Medication _____ Strength _____ Frequency _____ Approximate date started _____ Reason for medication _____	Medication _____ Strength _____ Frequency _____ Approximate date started _____ Reason for medication _____	Medication _____ Strength _____ Frequency _____ Approximate date started _____ Reason for medication _____
Medication _____ Strength _____ Frequency _____ Approximate date started _____ Reason for medication _____	Medication _____ Strength _____ Frequency _____ Approximate date started _____ Reason for medication _____	Medication _____ Strength _____ Frequency _____ Approximate date started _____ Reason for medication _____

Administration of the above medications is approved by (if required by your state): _____ / _____
Parent/guardian signature and/or MD/DO, NP, or PA signature

Be sure to bring medications in sufficient quantities and the original containers. Make sure that they are NOT expired, including inhalers and EpiPens. You SHOULD NOT STOP taking any maintenance medication.

Emergency contact No.:

Allergies:

DOB:

Full name:

Part B

INFORMED CONSENT AND HOLD HARMLESS/RELEASE AGREEMENT

High-adventure base participants:

Expedition/crew No.: _____
or staff position: _____

I understand that participation in Scouting activities involves a certain degree of risk and can be physically, mentally, and emotionally demanding. I also understand that participation in these activities is entirely voluntary and requires participants to abide by applicable rules and standards of conduct.

In case of an emergency involving me or my child, I understand that every effort will be made to contact the individual listed as the emergency contact person. In the event that this person cannot be reached, permission is hereby given to the medical provider selected by the adult leader in charge to secure proper treatment, including hospitalization, anesthesia, surgery, or injections of medication for me or my child. Medical providers are authorized to disclose protected health information to the adult in charge, camp medical staff, camp management, and/or any physician or health care provider involved in providing medical care to the participant. Protected Health Information/Confidential Health Information (PHI/CHI) under the Standards for Privacy of Individually Identifiable Health Information, 45 C.F.R. §§160.103, 164.501, etc. seq., as amended from time to time, includes examination findings, test results, and treatment provided for purposes of medical evaluation of the participant, follow-up and communication with the participant's parents or guardian, and/or determination of the participant's ability to continue in the program activities.

I have carefully considered the risk involved and give consent for myself and/or my child to participate in these activities. I approve the sharing of the information on this form with BSA volunteers and professionals who need to know of medical situations that might require special consideration for the safe conducting of Scouting activities.

I release the Boy Scouts of America, the local council, the activity coordinators, and all employees, volunteers, related parties, or other organizations associated with the activity from any and all claims or liability arising out of this participation.

Without restrictions.

With special considerations or restrictions (list) _____

TALENT RELEASE AGREEMENT

I hereby assign and grant to the local council and the Boy Scouts of America the right and permission to use and publish the photographs/film/videotapes/electronic representations and/or sound recordings made of me or my child at all Scouting activities, and I hereby release the Boy Scouts of America, the local council, the activity coordinators, and all employees, volunteers, related parties, or other organizations associated with the activity from any and all liability from such use and publication.

I hereby authorize the reproduction, sale, copyright, exhibit, broadcast, electronic storage, and/or distribution of said photographs/film/videotapes/electronic representations and/or sound recordings without limitation at the discretion of the Boy Scouts of America, and I specifically waive any right to any compensation I may have for any of the foregoing.

Yes No

ADULTS AUTHORIZED TO TAKE YOUTH TO AND FROM EVENTS:

You must designate at least one adult. Please include a telephone number.

1. Name _____ Telephone _____

2. Name _____ Telephone _____

3. Name _____ Telephone _____

Adults NOT authorized to take youth to and from events:

1. Name _____

2. Name _____

3. Name _____

I understand that, if any information I/we have provided is found to be inaccurate, it may limit and/or eliminate the opportunity for participation in any event or activity.

If I am participating at Philmont, Philmont Training Center, Northern Tier, or Florida Sea Base: I have also read and understand the risk advisories explained in Part D, including height and weight requirements and restrictions, and understand that the participant will not be allowed to participate in applicable high-adventure programs if those requirements are not met. The participant has permission to engage in all high-adventure activities described, except as specifically noted by me or the health-care provider.

Participant's name _____

Participant's signature _____ Date _____

Parent/guardian's signature _____ Date _____

(if participant is under the age of 18)

Second parent/guardian signature _____ Date _____

(if required; for example, CA)

This Annual Health and Medical Record is valid for 12 calendar months.

Part B Full name: _____ **DOB:** _____